

UNIVERSITY *of* WASHINGTON

*Parent  
& Family  
Guide*

**2025-26**



# WELCOME TO THE UW FAMILY

## Congratulations!

We're honored that your student has chosen to become a Husky. And we're excited to show you everything the UW has to offer for your student – and for you.

We mean “family” in the broadest sense, aware that behind each Husky, there may be a variety of loved ones and role models who helped them get where they are. If you've helped guide, raise or care for a UW student, you are part of the UW family. We're glad you're here!

You and your Husky are about to embark on a life-changing experience with the University of Washington — and we'll be here to help and celebrate with you along the way!

## UW vision & values

The UW educates a diverse student body to become responsible global citizens and future leaders through a challenging learning environment informed by cutting-edge scholarship. Our core values are integrity, diversity, excellence, collaboration, innovation and respect. The University's vision and strategic priorities reflect the core values and culture that make us great and unique.

[uw.edu/about/visionvalues](http://uw.edu/about/visionvalues)

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# STAY CONNECTED WITH PFP

Your role in your student's life is changing – but it's as important as ever.

The UW Parent & Family Programs (PFP) team is your on-campus partner at the UW. We look forward to welcoming you to our UW family, keeping you connected to campus, enriching your family's UW experience and providing equitable access to resources and information in support of your Husky's success.

Join us for New Family Orientation sessions, where you can connect with other first-year families, meet UW staff and learn about programs to support your Husky's successful transition to college.



## UW FAMILY NEWS, EVENTS AND ANSWERS TO YOUR QUESTIONS

- [uw.edu/parents/connect](https://uw.edu/parents/connect)  
Sign up for the UW Parent Insider newsletter, listen to the Husky Huddle Up podcast and more!
- Family events throughout the year: [uw.edu/parents/family-events](https://uw.edu/parents/family-events)
- UW family social media:

f @uwfamily  
i @uw\_parents



## OFFICE OF PARENT & FAMILY PROGRAMS

Jannah Maresh, Director  
Zach Fairchild, Associate Director  
[uwparent@uw.edu](mailto:uwparent@uw.edu)



"Great resources provided for families, with supportive staff and faculty! Thank you for being part of our student's journey and providing all the needed support!"

Arumugam family,  
Redmond, WA



Share the digital version of this guide with your UW family!

# THE HUSKY EXPERIENCE

A student club where lifelong friendships are forged. An internship that opens up unexpected career paths. Performing arts or sports where your student can share their talents. Volunteering in the community to help those in need.

These are all part of the Husky Experience.

At the UW, pursuing a degree is just part of the education. Here are some resources to help your Husky make the most of their experience.



## Student advising guides

Whether your Husky is a first-year, second-year or transfer student, our online advising guides help them explore their interests, get involved in campus life and set goals for a rewarding college experience. [uw.edu/uaa/advising/guides](http://uw.edu/uaa/advising/guides)

## Community Engagement & Leadership Education (CELE) Center

Programs that combine academic coursework with community-based learning, democratic engagement and leadership, including paid internships in nonprofit and public-sector organizations. [cele.uw.edu](http://cele.uw.edu)

## Study, travel or volunteer abroad

The Husky Experience goes global with opportunities around the world where students can spend a summer, quarter or year. Courses may count toward a major, a minor or general-education requirements. Scholarships are available. [uw.edu/studyabroad](http://uw.edu/studyabroad)

## Undergraduate research

When students participate in research, they get hands-on experience, collaborate with mentors, develop critical-thinking skills and gain a deeper understanding of their field — helping them reach their academic and professional goals. [uw.edu/undergradresearch](http://uw.edu/undergradresearch)

## UW Athletics

The whole UW community takes pride in Husky sports! Full-time UW students can buy discounted Dawg Pack tickets for football and men's basketball. Other sports events are free for students with a Husky Card. [gohuskies.com](http://gohuskies.com)

## CIRCLE

The Center for International Relations & Cultural Leadership Exchange (CIRCLE) supports and advocates for international students at the UW and brings together international and U.S. students for community, cultural exchange, leadership experiences and more. [uw.edu/circle](http://uw.edu/circle)

## Student clubs

With more than 1,000 choices, student clubs are a great way to find community and get involved in campus life. [huskylink.washington.edu](http://huskylink.washington.edu)

## Greek life

Nearly 70 fraternities and sororities, representing 4,700 UW undergraduates, provide community, mentoring, academic support, social activities, philanthropic projects and leadership opportunities. [depts.uw.edu/greek](http://depts.uw.edu/greek)

## UW Recreation

UW Recreation helps your Husky stay healthy, be fit and have fun! From yoga to weight-lifting, golf to climbing, swimming to kayaking, plus a wide range of intramural sports, UW Rec offers endless ways to enjoy being active. [uw.edu/ima](http://uw.edu/ima)

## Arts events, programs and museums

Hundreds of music, theater, dance, literary and other performance events across campus each year, and free admission for students to the UW's world-class museums: the Burke Museum of Natural History and Culture, Henry Art Gallery and Jacob Lawrence Gallery. [arts.uw.edu](http://arts.uw.edu)



# FINDING COMMUNITY

At the UW, we value and honor the spectrum of lived experiences, and we strive to create a home away from home for students of all backgrounds. Across campus, your Husky will find welcoming groups and spaces where they can build cultural community with others who know where they're coming from. And the Office of Minority Affairs & Diversity (OMA&D), rooted in student-led activism, works to foster diversity and equity on campus and support students from communities that have often been excluded from higher education. [uw.edu/omad](http://uw.edu/omad)



## Samuel E. Kelly Ethnic Cultural Center

The largest and oldest college cultural center in the U.S., the ECC provides welcoming spaces to study and meet, including a computer lab, dance studio, social justice library, wellness room, Leadership Without Borders center and much more. [depts.uw.edu/ecc](http://depts.uw.edu/ecc)

## Disability Resources for Students (DRS)

Part of the Division of Student Life, DRS works to ensure access and inclusion for students with temporary or ongoing physical, health, learning, sensory or psychological disabilities. [depts.uw.edu/uwdrs](http://depts.uw.edu/uwdrs)

## The Q Center

The professionally supported Q Center offers resources, advocacy, mentoring and community for LGBTQIA+ students. From its welcoming space in the HUB, the Q Center serves students, faculty, staff and alumni of all sexual and gender orientations, identities and expressions. [sites.uw.edu/qcenter](http://sites.uw.edu/qcenter)

## Undocumented student resources

The UW welcomes and supports undocumented students of all ethnicities and nationalities. Our Leadership Without Borders center offers resources, support and guidance to undocumented UW students. [uw.edu/admissions/undocumented](http://uw.edu/admissions/undocumented)

## wəłəbʔaltxʷ - Intellectual House

A longhouse-style facility on campus, wəłəbʔaltxʷ - Intellectual House is a learning and gathering space for American Indian and Alaska Native students, faculty and staff, and a place where people of all cultures and communities come together in a welcoming environment to share knowledge. [uw.edu/omad/intellectual-house](http://uw.edu/omad/intellectual-house)

## Women's Center

At the UW Alene Moris Women's Center, people of all genders collaborate to build a culture of gender equity campuswide, locally and globally — with education programs, leadership development and advocacy for girls and women. [uw.edu/womenscenter](http://uw.edu/womenscenter)



## Student clubs & activities

The Student Activities Office encourages students to participate in clubs and student government as an excellent way to find community on campus, develop new skills and meet new friends. Just a few examples of many:

- American Sign Language Club
- Black Student Union
- Desi Dhamaka
- First Nations at UW
- First Generation Leaders in pre-Law
- Latine Student Union
- Mixed Student Union
- Trans Collective
- Vietnamese Student Association
- Women in Computing

For more info on identity-based student clubs, contact the Kelly Ethnic Cultural Center: [depts.uw.edu/ecc](http://depts.uw.edu/ecc)

Or search the full directory of student clubs and activities: [hub.washington.edu/get-involved](http://hub.washington.edu/get-involved)

# ACADEMICS

## Exploring majors

Your UW student can pursue one or more of over 180 majors. No matter what they choose, they'll gain a great education from one of the world's top universities. Learn more about majors: [uw.edu/uaa/advising/degree-overview/majors](https://uw.edu/uaa/advising/degree-overview/majors)

## Exploring careers

Pursuing a major at the UW opens up many career paths and directions that a student might not have considered or even heard of before. English majors might work at Microsoft. Anthropologists could work in government. A degree in public health opens doors to a multitude of health-care careers beyond physician and nurse. With a UW degree, anything is possible. [careers.uw.edu](https://careers.uw.edu)



## Academic advising & support



### GENERAL ADVISING

Most UW students begin their academic journey with advising from Undergraduate Academic Affairs (UAA). UAA advisers help students clarify their academic and personal goals, explore majors, register for courses and track progress toward their degrees. [uw.edu/uaa/advising/about-us](https://uw.edu/uaa/advising/about-us)

### SCHOOL OR DEPARTMENTAL ADVISING

As students research specific majors, they may consult advisers in those programs. Once they're admitted to their degree programs, they'll continue to work with advisers until they graduate.

### SPECIALIZED ADVISING

- **Office of Minority Affairs & Diversity (OMA&D) Advising:** Holistic advising and academic support for students in the Educational Opportunity Program, College Assistance Migrant Program, Champions Program and TRIO Student Support Services. [depts.uw.edu/omadcs](https://depts.uw.edu/omadcs)
- The **Honors Program** and **Student-Athlete Academic Services** offer specialized advising for the students they serve.

### ACADEMIC SUPPORT

- **Academic Success Coaching:** Peer coaches help students learn study strategies and create a personalized plan to achieve their academic goals. [academicsupport.uw.edu/coaching](https://academicsupport.uw.edu/coaching)
- **Center for Learning & Undergraduate Enrichment (CLUE):** In-person and online tutoring center and exam reviews for specific subjects, facilitated by peer tutors. [academicsupport.uw.edu/clue](https://academicsupport.uw.edu/clue)
- **Odegaard Writing & Research Center:** Individualized writing and research help for all students. [depts.uw.edu/owrcweb](https://depts.uw.edu/owrcweb)
- **OMA&D Instructional Center:** Tutoring, study groups and supplemental instruction for Huskies who are affiliated with OMA&D and the Instructional Center. [depts.uw.edu/ic](https://depts.uw.edu/ic)
- **First-year Interest Groups (FIGs):** Learning is more fun with friends. Through FIGs, small groups of students take a series of courses together and often form study groups outside of class. [fyp.uw.edu/figs](https://fyp.uw.edu/figs)
- **University Libraries:** With up-to-date research sources and support, individual and group study spaces and help in person and online, UW Libraries connects students to the resources they need. [lib.uw.edu](https://lib.uw.edu)

# HEALTH & SAFETY

From exceptional medical care and mental-health counseling to recreation classes, safety resources, peer advocates, trainings and more, the UW offers a breadth of resources to keep students healthy and well cared for. Learn more: [wellbeing.uw.edu](https://wellbeing.uw.edu)

## Physical & mental health

### Husky Health Center

Part of the UW Medicine system, Husky Health Center is an outpatient clinic on campus, for students.

[wellbeing.uw.edu/topic/medical-get-started](https://wellbeing.uw.edu/topic/medical-get-started)

### Counseling Center

The Counseling Center provides short-term individual and group therapy, telehealth and online workshops, with no out-of-pocket cost for UW students.

[mentalhealth.uw.edu](https://mentalhealth.uw.edu)

### We care for our Pack

The Office of Parent & Family Programs works together with the Campus Community Safety and Student Care teams about concerns regarding students' safety and well-being. [uw.edu/parents](https://uw.edu/parents)

### LiveWell

LiveWell: Center for Advocacy & Health Promotion helps Huskies develop the skills and knowledge to make informed decisions about their health and well-being at the UW and beyond.

[livewell.uw.edu](https://livewell.uw.edu)



## Safety

Nothing is more important than the safety of our UW students and community. With a range of services and systems, from peer supports to the full-service UW Police Department (UWPD) with its 911 dispatchers and detectives, the UW is dedicated to the safety of students, faculty, staff and visitors 24/7.

### Division of Campus Community Safety

Oversees UW safety and emergency response. [uw.edu/safety](https://uw.edu/safety)

#### UW Police Department

[police.uw.edu](https://police.uw.edu)

Emergency: **911**

Non-emergency: **206-685-UWPD (8973)**

#### SafeCampus

A non-police resource for student safety and well-being. Trained, caring professionals provide support and guidance.

[uw.edu/safecampus](https://uw.edu/safecampus)

**206-685-7233**

#### UW Alert

Text-message and email alerts about emergencies affecting campus operations or the health or safety of the UW community. Your Husky can sign you up.

[uw.edu/safety/alert](https://uw.edu/safety/alert)

### Safety resources for students

Huskies watch out for each other. Review the University's many personal and campus resources to help keep our Husky community safe. [uw.edu/safety/resources](https://uw.edu/safety/resources)

### Nighttime safety escorts

NightRide is a free nighttime shuttle for riders with a Husky ID card. And SafeTrip offers a safe ride home at night with a uniformed UW security guard. [police.uw.edu/services/safetripservices](https://police.uw.edu/services/safetripservices)

### Title IX reports

Report concerns related to sexual assault, relationship violence, stalking, sexual harassment, or sex discrimination through the online Title IX reporting form. A Title IX case manager will respond with information and guidance.

[uw.edu/titleix/report](https://uw.edu/titleix/report)

### Hazing prevention

Hazing can happen in any student organization, club, fraternity, sorority, athletic team or beyond. Hazing behavior can cause emotional, psychological or physical danger or harm. For more information about hazing-related UW policies, practices, services and resources:

[uw.edu/hazingprevention](https://uw.edu/hazingprevention)

# LIVING & DINING



Nearly 10,000 UW students live, study and socialize in campus residence halls and apartments managed by UW Housing & Food Services (HFS). These home bases promote academic success with supportive residential communities, study spots, makerspaces, fitness centers and more.

UW Dining offers more than 20 dining locations across campus, including two large residential dining halls and the Husky Den food court, several cafes and restaurants including Starbucks and Pagliacci Pizza, two grocery stores and a micromarket.

Learn more about how to make the UW your #HuskyHome: [hfs.uw.edu/live](https://hfs.uw.edu/live)

For off-campus housing, check out these guides for help starting your search: [uw.edu/studentlife/living-dining](https://uw.edu/studentlife/living-dining)



## CONTACTS

**UW Housing & Food Services**  
[hfs.uw.edu](https://hfs.uw.edu)  
[hfs.uw.edu/parents-families](https://hfs.uw.edu/parents-families)

**HFS Student Services**  
[myhfs.housing.uw.edu](https://myhfs.housing.uw.edu)  
[hfsinfo@uw.edu](mailto:hfsinfo@uw.edu)  
206-543-4059



# FINANCES



## Paying tuition and fees

Students pay tuition and fees each quarter they are enrolled. Tuition can be paid through the student's MyUW account. Your student must submit an online Information Release Authorization to give family members or others access to tuition billing and reminders.

[finance.uw.edu/sfs/students/info-release](https://finance.uw.edu/sfs/students/info-release)

## Paying for housing and food

UW housing and dining payments are made to Housing & Food Services (HFS) — by credit card on your Husky's MyHFS homepage, by check (in person or by mail) or with Flywire for international students. Any financial aid remaining after paying tuition and fees will be automatically transferred to pay quarterly housing and dining charges.

[myhfs.housing.uw.edu](https://myhfs.housing.uw.edu) (NetID required)

Students living in residence halls can authorize family members to access their housing and dining accounts and billing reminders through MyHFS.

[hfs.uw.edu/parents-families](https://hfs.uw.edu/parents-families)

## Tuition & housing payment due dates:

**Oct. 10 • Jan. 23 • April 17**

## Husky Card

Your student's Husky Card is not only their student ID — it's also linked to their Husky Card account and can be used to pay for on-campus dining, vending machines, copying, printing and more! You can deposit funds into your student's Husky Card account online.

[hfs.uw.edu/husky-card-services](https://hfs.uw.edu/husky-card-services)

[huskycrd@uw.edu](mailto:huskycrd@uw.edu)

206-543-7222

## Submit your Husky Card photo online now!

Avoid the lines when your student gets to campus — please have them submit their Husky Card photo online before Sept. 1.

[hfs.uw.edu/hc-photo](https://hfs.uw.edu/hc-photo)



## Student employment & internships

The Career & Internship Center offers career coaching, career planning workshops and quarterly employer events. It also sponsors Handshake, the UW's online job-and-internship database. With Handshake, any student can search for part-time or full-time jobs and internships, throughout the University and beyond. Students whose financial aid includes work-study awards can be employed in work-study jobs up to 19 hours a week when classes are in session. [careers.uw.edu](https://careers.uw.edu)

## Money management

Tools and tips to help your Husky build their financial well-being and literacy:  
[uw.edu/financialaid/money-management](https://uw.edu/financialaid/money-management)

## CONTACTS

### Student Fiscal Services

[finance.uw.edu/sfs](https://finance.uw.edu/sfs)  
[sfshelp@uw.edu](mailto:sfshelp@uw.edu)  
206-543-4694

### Office of Student Financial Aid

[finaid.uw.edu](https://finaid.uw.edu)  
[osfa@uw.edu](mailto:osfa@uw.edu)  
206-543-6101

### Office of Merit Scholarships, Fellowships & Awards

[expd.uw.edu/scholarships](https://expd.uw.edu/scholarships)

### UW Work Study

[uw.edu/workstudy](https://uw.edu/workstudy)

# TRANSPORTATION

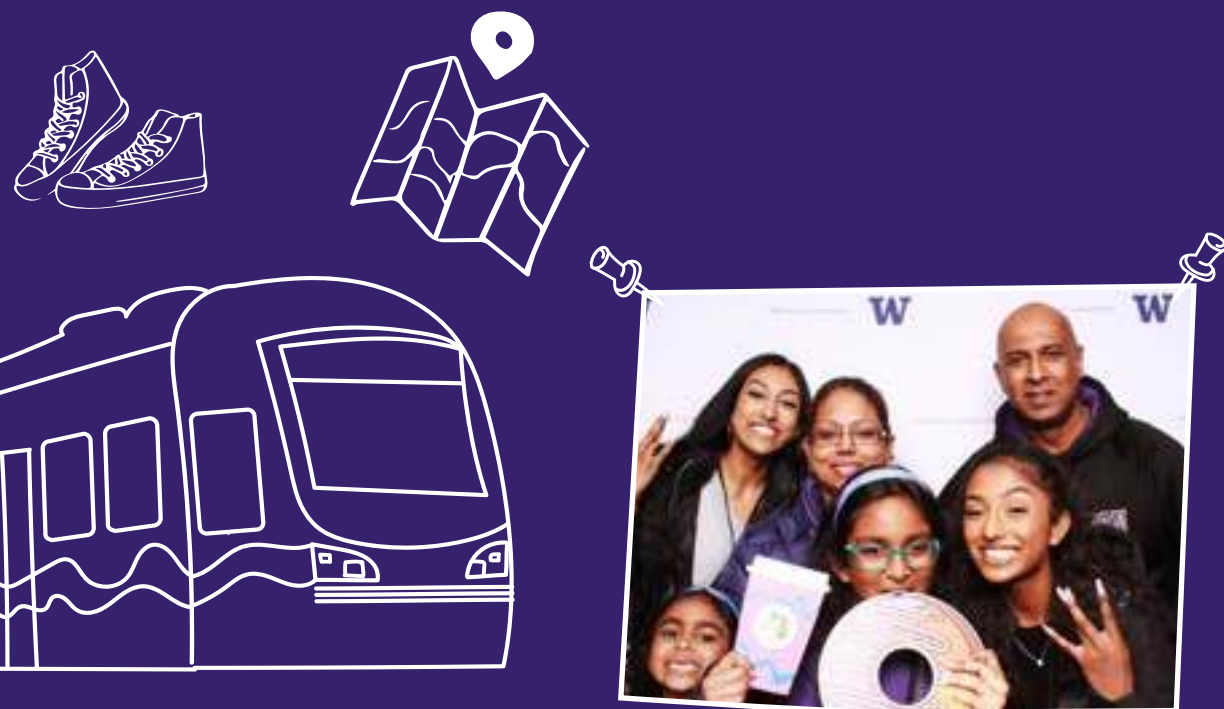
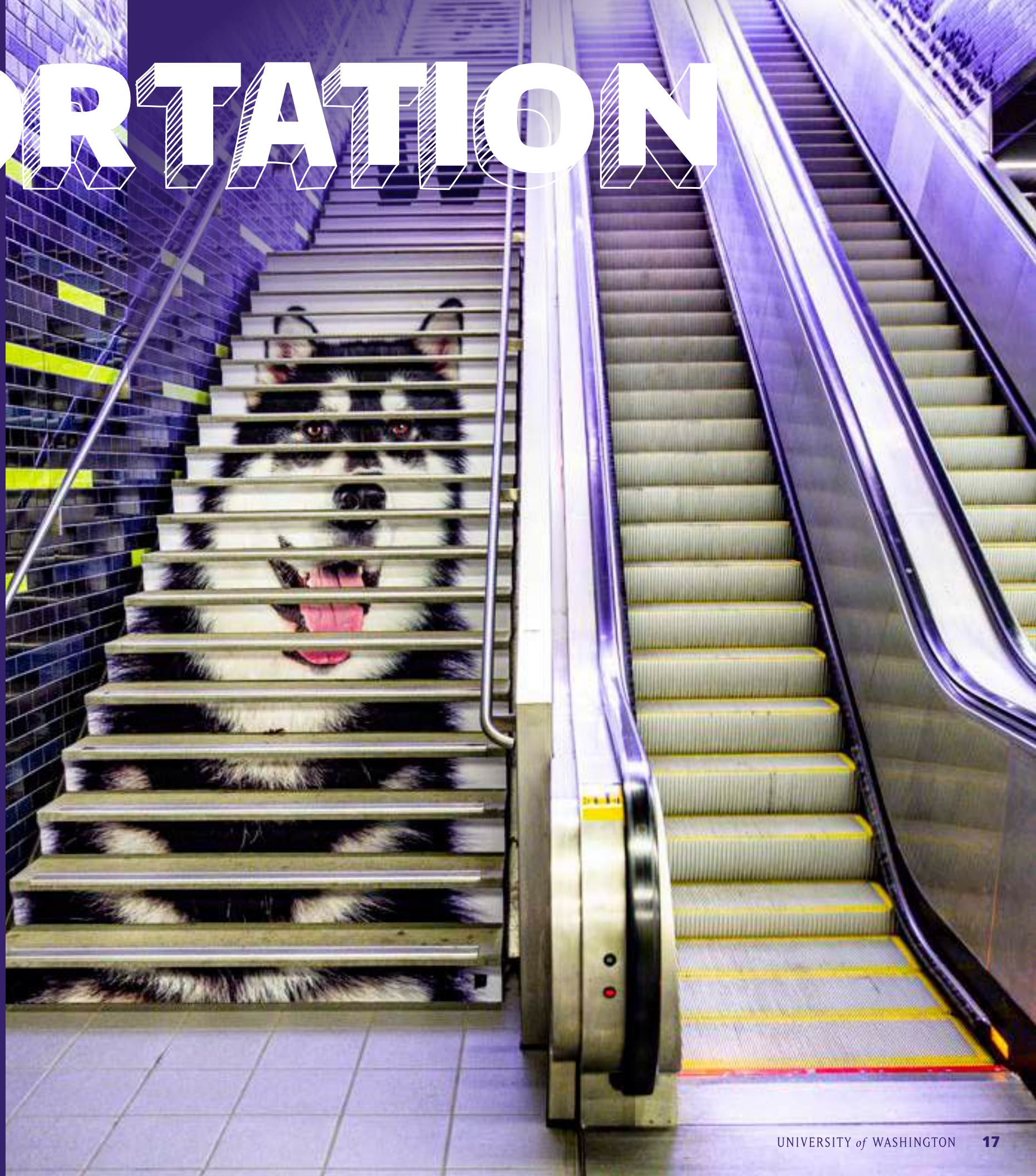
## The U-PASS makes getting around a breeze – no car required.

Each student's quarterly U-PASS fees let them access public transit with their Husky Card, including unlimited rides on Metro and regional buses, as well as Link light rail. The U-PASS also provides discounts on vanpools, carpools and transportation-related items.

Learn more: [transportation.uw.edu/students](https://transportation.uw.edu/students)

The **Commuter & Transfer Commons** in the Husky Union Building (HUB) offers day-use lockers, phone chargers, a kitchenette, changing and lactation rooms, a study area and other resources. [fyp.washington.edu/ctc](https://fyp.washington.edu/ctc)

**Limited parking options** are available to students.



# POLICIES

## Sharing student information with families

### Parent notification and student privacy

To learn how your student can give you access to financial, health, housing and dining records, please visit [uw.edu/parents/forms](http://uw.edu/parents/forms). Talk to your student about how they can share their information with you.

Learn more about how we protect student privacy: [privacy.uw.edu](http://privacy.uw.edu)



## Student conduct

As a member of the UW community, your student is expected to demonstrate integrity in all their endeavors. The Student Conduct Code outlines behavioral expectations intended to foster a community that is welcoming and supportive of all students. The Student Conduct Code also outlines academic expectations that students are expected to uphold as they work toward earning their degree.

The Washington Administrative Code (WAC) 478-121 and two companion policies, Student Governance Policy Chapter 209 and Chapter 210, apply to all students; students are expected to make themselves aware of and comply with the law and with Washington and campus policies and regulations.

The UW Student Conduct Code was developed to maintain a safe, supportive and inclusive community that engages students in order to foster their academic success, personal growth and responsible citizenship. [uw.edu/cssc](http://uw.edu/cssc)



# RESOURCES

## HUSKY EXPERIENCE & FINDING COMMUNITY

**ArtsUW**  
[arts.uw.edu](http://arts.uw.edu)  
206-543-4880

**Center for Experiential Learning and Diversity (EXPD)**  
[expd.uw.edu](http://expd.uw.edu)  
206-543-4282  
[expd@uw.edu](mailto:expd@uw.edu)

**Center for International Relations & Cultural Leadership Exchange (CIRCLE)**  
[uw.edu/circle](http://uw.edu/circle)  
206-685-4004  
[uwcircle@uw.edu](mailto:uwcircle@uw.edu)

**Community Engagement & Leadership Education (CELE) Center**  
[cele.uw.edu](http://cele.uw.edu)  
206-616-9768  
[celecenter@uw.edu](mailto:celecenter@uw.edu)

**Husky Union Building (HUB)**  
[hub.washington.edu](http://hub.washington.edu)  
206-543-8191  
[thehub@uw.edu](mailto:thehub@uw.edu)

**International Student Services (ISS)**  
[iss.uw.edu](http://iss.uw.edu)  
206-221-7857

**Office of Fraternity and Sorority Life (OFSL)**  
[uw.edu/ofsl](http://uw.edu/ofsl)  
206-543-1810  
[ofsl@uw.edu](mailto:ofsl@uw.edu)

**Office of Student Veteran Life (OSVL)**  
[vetlife.washington.edu](http://vetlife.washington.edu)  
206-221-0830  
[vetlife@uw.edu](mailto:vetlife@uw.edu)

**The Q Center (LGBTQ+ resource center)**  
[sites.uw.edu/qcenter](http://sites.uw.edu/qcenter)  
206-897-1430  
[qcenter@uw.edu](mailto:qcenter@uw.edu)

**Residential Life Activities & Living Learning Communities**  
[hfs.uw.edu/experience](http://hfs.uw.edu/experience)

**Samuel E. Kelly Ethnic Cultural Center (ECC)**  
[depts.washington.edu/ecc](http://depts.washington.edu/ecc)  
206-543-4635  
[ecc@uw.edu](mailto:ecc@uw.edu)

**Student Activities Office (SAO)**  
[hub.washington.edu/sao](http://hub.washington.edu/sao)  
206-543-2380  
[sao@uw.edu](mailto:sao@uw.edu)

**Undergraduate Research Program**  
[uw.edu/undergradresearch](http://uw.edu/undergradresearch)  
[undergradresearch@uw.edu](mailto:undergradresearch@uw.edu)

**Undocumented Student Resources**  
[uw.edu/admissions/undocumented](http://uw.edu/admissions/undocumented)  
206-685-6301  
[undocu@uw.edu](mailto:undocu@uw.edu)

**UW Study Abroad**  
[uw.edu/studyabroad](http://uw.edu/studyabroad)  
206-221-4404  
[studyabroad@uw.edu](mailto:studyabroad@uw.edu)

**Washington Athletics (Go Dawgs!)**  
[gohuskies.com](http://gohuskies.com)  
206-543-2200  
[tickets@uw.edu](mailto:tickets@uw.edu)

**wəˈlɒbˌɔːltɪx – Intellectual House**  
[uw.edu/omad/intellectual-house](http://uw.edu/omad/intellectual-house)  
206-616-7066  
[welebalt@uw.edu](mailto:welebalt@uw.edu)

**Women's Center (Alene Moris Women's Center)**  
[uw.edu/womenscenter](http://uw.edu/womenscenter)  
206-685-1090  
[womens@uw.edu](mailto:womens@uw.edu)

## ACADEMIC ADVISING & SUPPORT

**Academic Support Programs (ASP): CLUE Tutoring & Academic Success Coaching**  
[academicsupport.uw.edu](http://academicsupport.uw.edu)  
[aspuw@uw.edu](mailto:aspuw@uw.edu)  
206-543-5755

**Undergraduate Advising**  
[advising.uw.edu](http://advising.uw.edu)  
206-543-2550  
[advice@uw.edu](mailto:advice@uw.edu)

**Departmental & Major Advising Offices**  
[advising.uw.edu/academic-support/advising-offices-by-program](http://advising.uw.edu/academic-support/advising-offices-by-program)

**College of Engineering Undergraduate Academic Advising**  
[engr.washington.edu/current/academics](http://engr.washington.edu/current/academics)  
206-543-1770  
[engradv@uw.edu](mailto:engradv@uw.edu)

**Disability Resources for Students (DRS)**  
[depts.washington.edu/uwdrs/parents-and-family](http://depts.washington.edu/uwdrs/parents-and-family)  
206-543-8924 (Voice & Relay)  
[uwdrs@uw.edu](mailto:uwdrs@uw.edu)

**Foster School of Business Advising**  
[foster.uw.edu/academics/degree-programs/undergraduate-programs/advising](http://foster.uw.edu/academics/degree-programs/undergraduate-programs/advising)  
206-685-3400  
[bizinfo@uw.edu](mailto:bizinfo@uw.edu)

**Honors Advising & Resources**  
[honors.uw.edu/advising](http://honors.uw.edu/advising)  
206-543-7444  
[uwhonors@uw.edu](mailto:uwhonors@uw.edu)

**Office of Minority Affairs & Diversity (OMA&D) Academic Counseling Services**  
[depts.washington.edu/omadcs](http://depts.washington.edu/omadcs)  
206-543-7132

**Office of Minority Affairs & Diversity Instructional Center (IC)**  
[depts.washington.edu/ic](http://depts.washington.edu/ic)  
206-543-4240  
[ic@uw.edu](mailto:ic@uw.edu)

**Student-Athlete Academic Services**  
[gohuskies.com/sports/academics](http://gohuskies.com/sports/academics)  
[saas@uw.edu](mailto:saas@uw.edu)

**University Libraries**  
[lib.uw.edu](http://lib.uw.edu)  
Suzzallo & Allen Libraries: 206-543-0242  
Odegaard Undergraduate Library & Computer Lab: [lib.uw.edu/ougl](http://lib.uw.edu/ougl) or 206-543-2990

## LIVING & DINING

**Housing & Food Services (HFS)**  
[hfs.uw.edu](http://hfs.uw.edu)  
206-543-4059  
[hfsinfo@uw.edu](mailto:hfsinfo@uw.edu)

**Resident Online Account**  
[myhfs.housing.uw.edu](http://myhfs.housing.uw.edu)

**Resident Dining Program**  
Dining Accounts  
[hfs.uw.edu/eat/resident-dining](http://hfs.uw.edu/eat/resident-dining)

**Off-Campus Housing**  
Housing options, estimated costs & neighborhoods  
[uw.edu/studentlife/living-dining](http://uw.edu/studentlife/living-dining)

**Student Legal Services (SLS)**  
Free service rental & lease agreements review  
[depts.washington.edu/slsuw](http://depts.washington.edu/slsuw)  
Husky Union Building 306  
206-543-6486  
[slsuw@uw.edu](mailto:slsuw@uw.edu)

## SAFETY

**Division of Campus Community Safety**  
[uw.edu/safety](http://uw.edu/safety)  
Safety Resources: [uw.edu/safety/resources](http://uw.edu/safety/resources)

**Nighttime Safety & Escort Services**  
[police.uw.edu/safety-escort-services](http://police.uw.edu/safety-escort-services)  
SafeTrip: 206-685-9255  
NightRide: 206-685-3146

## HEALTH

**Counseling Center**  
[mentalhealth.uw.edu](http://mentalhealth.uw.edu)  
206-543-1240

**Husky Health Center**  
[wellbeing.uw.edu/unit/husky-health](http://wellbeing.uw.edu/unit/husky-health)  
206-685-1011  
After-hours nurse advice: 206-520-7511  
[uwhhc@uw.edu](mailto:uwhhc@uw.edu)

## CAREER & MAJOR EXPLORATION

**Academic Planning for Major & Careers**  
[uw.edu/uaa/advising/degree-overview/majors/majors-and-careers](http://uw.edu/uaa/advising/degree-overview/majors/majors-and-careers)

**Career & Internship Center**  
[careers.uw.edu](http://careers.uw.edu)  
206-543-0535  
[askcic@uw.edu](mailto:askcic@uw.edu)

**Career Center @ Engineering**  
[engr.washington.edu/current/careercenter](http://engr.washington.edu/current/careercenter)  
206-221-8423

## FINANCES

**Husky Card Services**  
[hfs.uw.edu/husky-card-services](http://hfs.uw.edu/husky-card-services)  
206-543-7222  
[huskycrd@uw.edu](mailto:huskycrd@uw.edu)

**Office of Merit Scholarships, Fellowships & Awards**  
Scholarship search  
[expd.uw.edu/scholarships](http://expd.uw.edu/scholarships)  
206-543-2603  
[scholarq@uw.edu](mailto:scholarq@uw.edu)

## TRANSPORTATION

**Transportation Services**  
Public transportation, passes & parking  
[transportation.uw.edu/students](http://transportation.uw.edu/students)  
206-221-3701  
[ucommute@uw.edu](mailto:ucommute@uw.edu)

## POLICIES

**FERPA for Students**  
[registrar.washington.edu/students/ferpa](http://registrar.washington.edu/students/ferpa)

**FERPA for parents and families**  
[uw.edu/parents/forms](http://uw.edu/parents/forms)

**Office of the Title IX Coordinator**  
[uw.edu/titleix](http://uw.edu/titleix)  
206-221-7932  
[titleix@uw.edu](mailto:titleix@uw.edu)

**SafeCampus**  
[uw.edu/safecampus](http://uw.edu/safecampus)  
206-685-7233  
[safecampus@uw.edu](mailto:safecampus@uw.edu)

**Husky Health & Well-Being**  
[wellbeing.uw.edu](http://wellbeing.uw.edu)

**LiveWell Center for Advocacy and Health Promotion**  
[livewell.uw.edu](http://livewell.uw.edu)  
206-543-6085  
[livewell@uw.edu](mailto:livewell@uw.edu)

[engrhire@uw.edu](mailto:engrhire@uw.edu)

**Community Engagement & Leadership Education (CELE) Center**  
[cele.uw.edu](http://cele.uw.edu)  
206-616-9768  
[celecenter@uw.edu](mailto:celecenter@uw.edu)

**Foster School of Business Career Services**  
[foster.uw.edu/career-services](http://foster.uw.edu/career-services)  
206-221-6858  
[bzcareer@uw.edu](mailto:bzcareer@uw.edu)

**Office of Student Financial Aid**  
Scholarships, loans, veteran benefits  
[uw.edu/financialaid](http://uw.edu/financialaid)  
[osfa@uw.edu](mailto:osfa@uw.edu)  
206-543-6101

**Student Fiscal Services**  
Tuition payments  
[finance.uw.edu/sfs](http://finance.uw.edu/sfs)  
206-543-4694  
[sfshelp@uw.edu](mailto:sfshelp@uw.edu)

**U-PASS**  
Public transportation pass  
[transportation.uw.edu/u-pass](http://transportation.uw.edu/u-pass)  
206-221-3701

**Community Standards & Student Conduct**  
[uw.edu/cssc](http://uw.edu/cssc)  
206-685-6194  
[cssc@uw.edu](mailto:cssc@uw.edu)

**UW Alert**  
Text & email alerts  
[uw.edu/safety/alert](http://uw.edu/safety/alert)

**UW Police Department**  
[police.uw.edu](http://police.uw.edu)  
Emergency: 911  
Non-emergency: 206-685-UWPD (8973)

**UW Medical Center–Montlake**  
[uwmedicine.org](http://uwmedicine.org)  
206-598-3300

**Graduate School Planning**  
[careers.uw.edu/channels/graduate-school](http://careers.uw.edu/channels/graduate-school)

**Handshake**  
Job & internship search  
[careers.uw.edu/resources/handshake](http://careers.uw.edu/resources/handshake)

**UW PathwayU**  
Career & degree planning tool  
[uw.pathwayu.com](http://uw.pathwayu.com)

**Work Study Office**  
[uw.edu/workstudy](http://uw.edu/workstudy)  
206-685-1985  
[workstdy@uw.edu](mailto:workstdy@uw.edu)

**Commuter & Transfer Commons**  
Dedicated space for commuter & transfer students  
[ctc.fyp.uw.edu](http://ctc.fyp.uw.edu)  
206-616-6326  
[ctcuw@uw.edu](mailto:ctcuw@uw.edu)

### SUPPORT STUDENTS FIRST

Gifts to the UW Parent & Family Fund support programs that enrich the Husky Experience for all students, bolstering academic support and research, safety and community resources, major and career preparation and health and wellness. [uw.edu/parents/support](http://uw.edu/parents/support)

# TALK WITH YOUR HUSKY



The Parent & Family Programs team suggests the following topics to help you spark conversation, strengthen understanding, seek resources and support a growth mindset during your Husky's first year.

## SUMMER BEFORE COMING TO CAMPUS

### STAYING CONNECTED

- » How you and your student will communicate while they're at school: what methods and how often
- » Coordinating holidays and travel (use the calendar in this guide)

### FINANCES AND FORMS

- » Submitting their Husky Card photo online now, to avoid the lines in September ([hfs.uw.edu/hc-photo](https://hfs.uw.edu/hc-photo))
- » Giving family members access to tuition and housing bills (see [uw.edu/parents/forms](https://uw.edu/parents/forms))
- » Learning how to fill out medical and financial forms
- » Budgeting and building credit with responsible use of credit and debit cards

### LIFE SKILLS

- » Keeping a screenshot/photo of the front and back of their health insurance card
- » Learning how to cook — perhaps an easy favorite meal and basic cooking skills
- » Learning how to clean their spaces and bathroom, how to do laundry
- » Adding important dates and deadlines to shared family calendar (first day of class, UW Family Weekend, winter break)

### PHYSICAL & MENTAL HEALTH

- » Learn about the services provided at Husky Health Center, the UW student health center
- » Learn how to access mental-health services at UW Counseling Center
- » Learn about after-hours and emergency care on and near campus ([uw.edu/parents/resources/health-safety](https://uw.edu/parents/resources/health-safety))
- » International families can get ISHIP insurance for their student ([iship.uw.edu](https://iship.uw.edu))

## BEFORE OR DURING MOVE-IN WEEK LIFE SKILLS

- » How to pay tuition, housing and food fees — and add due dates to family calendar
- » Explore University Way ("the Ave") and U Village for nearby groceries, pharmacies, restaurants and shops

### PERSONAL SAFETY

- » Have your student add/confirm their current contact information on [my.uw.edu](https://my.uw.edu)
- » Confirm that they're signed up to receive emails and/or texts from UW Alert ([uw.edu/safety/alert](https://uw.edu/safety/alert))
- » Make a personal safety plan by sharing emergency contacts (like a friend or roommate) for family members to call in case of emergency
- » Being aware of their surroundings (on public transit, late at night, etc.)
- » Add contacts on their phone for UW nighttime safety services (NightRide and SafeTrip) ([police.uw.edu/safety-escort-services](https://police.uw.edu/safety-escort-services))

### PHYSICAL & MENTAL HEALTH

- » Visit Husky Health Center, the UW student health center
- » Explore UW Recreation — visit the IMA gym and the Waterfront Activities Center

### ACADEMIC SUPPORT

- » Developing time-management and planning skills
- » Spending at least two hours studying for every hour in class
- » Seeking tutoring and academic support before they need it
- » Using general-education courses to discover career options

### STUDENT PRIVACY & FAMILY ACCESS

- » How to know about your student's grades — they can only be accessed and shared by your Husky, per FERPA guidelines

- » Reviewing the forms students can fill out to give families access to tuition and housing bills, financial aid info and more ([uw.edu/parents/forms](https://uw.edu/parents/forms))
- » Keeping UW user IDs and passwords private, even with family members, as part of student conduct, data privacy and academic policies

### TRANSPORTATION

- » How to use public transportation (buses, light rail, water taxi) with their Husky Card
- » Transportation safety (being aware of surroundings, using Seattle & King County transit apps, etc.) during the day or night
- » Bicycle and scooter safety
- » Connect with UW Transportation for commuting options

## THROUGHOUT THEIR FIRST QUARTER STAYING CONNECTED

- » Communicating after their first midterms and finals
- » If you initiate the conversation, try asking about their time-management or test-preparation experiences rather than grades
- » Ask what types of encouragement and support your student wants or needs
- » Listen to their frustrations, disappointments, ups and downs — consider empathizing rather than immediately offering solutions. Try asking them what solutions they've considered. Sometimes they might just want a listening ear.

### LIVING & DINING

- » How is it going with roommates or others in their residence hall?
- » Managing conflict or roommate issues with their resident advisers (RAs)
- » Encourage your student to seek out their Residence Life team — they host academic and social gatherings to build community

### PHYSICAL & MENTAL HEALTH

- » Taking time for self-care ([wellbeing.uw.edu/recreation/self-care](https://wellbeing.uw.edu/recreation/self-care))
- » How are they sleeping, eating, getting exercise?
- » Do they know how and when to seek physical and mental health care if they need it?

## DURING WINTER BREAK OR THEIR SECOND QUARTER

### THE HUSKY EXPERIENCE

- » Looking for campus jobs or internships, scheduling a meeting with a UW career coach ([careers.uw.edu](https://careers.uw.edu))
- » Finding and building their UW family on campus, balancing academic and social life
- » Seeking out research opportunities ([uw.edu/undergradresearch](https://uw.edu/undergradresearch)), or consider applying for a UW Honors program ([honors.uw.edu](https://honors.uw.edu))
- » Spring quarter might be a great time to try out a class in a new subject or department

### PHYSICAL & MENTAL HEALTH

- » Check in about physical and mental health
- » Making time for self-care, exercise, being outdoors
- » How are their eating and sleeping habits? What are they doing for fun? Do they have friends that they spend time with?

### SPRING BREAK PLANNING

- » Scheduling a spring check-in with their adviser
- » Developing leadership skills and getting involved in UW clubs and organizations
- » Choosing one or two places to explore in Seattle by bus or light rail
- » Making sure to enjoy the cherry blossoms on the Quad!



# 2025-26

## DAWG DATES & DEADLINES

### SUMMER 2025 QUARTER

- ♥ July 10–Aug. 21 New Family Orientation sessions
- ♥ August Regional summer sendoffs
- ♥ Aug. 22 College Edge residence hall move-in
- Aug. 25–Sept. 16 College Edge course session
- Aug. 31 Last day to change autumn quarter dining plan
- ♥ Sept. 16–19 Residence hall move-in and family lounge
- Sept. 19 Check tuition account for financial aid disbursements
- Sept. 21 Convocation

### AUTUMN 2025 QUARTER

- Sept. 24 Classes begin
- Sept. 30 Last day to make changes or withdraw without fees
- Oct. 10 Autumn tuition and residence hall charges due
- Nov. 11 Veterans Day (no classes)
- Nov. 27 Thanksgiving (no classes)
- Nov. 28 Native American Heritage Day (no classes)
- Nov. 30 Last day to change winter quarter dining plan
- Dec. 6 Classes end
- Dec. 6–12 Finals week
- Dec. 13–Jan. 4 Winter break
- Jan. 2 Check tuition account for financial aid disbursements

### WINTER 2026 QUARTER

- Jan. 5 Classes begin
- Jan. 11 Last day to make changes or withdraw without fees
- Jan. 19 Martin Luther King Jr. Day (no classes)
- Jan. 23 Winter tuition and residence hall charges due
- Jan. 30 1098 tax form available at [my.uw.edu](http://my.uw.edu)
- Feb. 16 Presidents Day (no classes)
- Feb. 28 Last day to change spring quarter dining plan
- March 14 Classes end
- March 14–20 Finals week
- March 21–29 Spring break
- March 27 Check tuition account for financial aid disbursements

### SPRING 2026 QUARTER

- March 30 Classes begin
- April 5 Last day to make changes or withdraw without fees
- April 17 Spring tuition and residence hall charges due
- May 25 Memorial Day (no classes)
- June 6 Classes end
- June 6–12 Finals week
- ♥ June 12 Commencement — Tacoma
- ♥ June 13 Commencement — Seattle
- ♥ June 14 Commencement — Bothell
- June 13–21 Summer break

♥ Family events — visit [uw.edu/parents/family-events](http://uw.edu/parents/family-events) for details

#### Religious accommodations

Students may request religious accommodations online during the first two weeks of each quarter.  
[registrar.washington.edu/religious-accommodations](http://registrar.washington.edu/religious-accommodations)

UW academic calendar (current and future)  
[uw.edu/students/reg/calendar.html](http://uw.edu/students/reg/calendar.html)



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